

I've been with Meals on Wheels in Fairfield County for 10 years, and I've seen much need as well as much growth. As a Supportive Services Rep., I would assess the clients requesting the meals, and at this time I could determine the need for other services. Many times these seniors needed socialization as well as a nutritious meal each day, and I would encourage them to come to one of our congregate sites to be able to acquire both. I'm always so pleased to see the change in health and attitude when these people would agree to "venture out" and make the change in their routine. They would now plan their day, their schedule around coming in for lunch, playing volleyball or taking part in other activities with their new-found friends. I've come to realize how special "my" seniors, the WWII generation, are. As I try to help them acquire services to enable them to remain independent, I, at the same time, feel blest to be able to work with them because I learn so much from them and their wisdom. Having past our Senior Services Levy, we are now able to expand our services to offer almost any need seniors would have which would allow them to stay in their home longer.

Marie Moore  
Meals on Wheels/Older Adult Alternatives  
of Fairfield County, Inc